

People with Disabilities Have Rights!

By Adult Advocacy Centers Consultant Elizabeth Rutt

Under Ohio's law,* you have a right to:

- A clean and safe place to live
- Receive mental health and other health services
- Have services provided in a way that makes you feel comfortable
- Worship or to not worship
- Be seen by a dentist and a doctor
- Respect
- Food that is good for you
- Privacy
- Talk to others
- Own and use things
- Have friends
- Do things that help you reach your goals
- Work and make money
- Fair treatment
- Not be bullied or abused
- Do things you enjoy
- Make decisions or to have someone help you make decisions
- Earn, save and spend your money or have someone help you with your money
- Have a say in who looks at your records
- Ask for changes without being afraid of getting in trouble
- Refuse medication if you think you don't need it and to not be held down if you're not hurting yourself
- Vote
- Decide if you want to be part of a research study or not be part of a research study

